

spreads & flatbread

TOASTED WALNUT MUHAMMARA **P** 12

charred peppers. pomegranate molasses

WHIPPED AVOCADO **P** spirulina. california olive oil 16

BEET HUMMUS **P** spicy chickpeas. za'atar 9

_____ SELECTION OF ALL THREE SPREADS 26

ICE-COLD FARMERS CRUDITES **P** add to any spread 14

LUNCH
11AM-3PM



starters

AVOCADO TOAST **I** blistered cherry tomatoes. pickled onions. pistachio dukkah 17

OVERNIGHT OATS **M** banana. blueberry. goji berry. almond butter. maple syrup 15

SHITAKE MUSHROOM LARB **P** toasted rice. crispy tofu. lime. coconut mct 23

LUMPIANG SARIWA **P** farmers market vegetables. caramelized coconut sauce 21

BLACK KALE SALAD **P** ricotta salata. pine nuts. green grapes 18

+ GRILLED JIDORI CHICKEN 12 + WILD SALMON* 18 + HANGER STEAK* 25

mains

ROASTED CHICKEN WRAP **K** kale. red onion. tahini. crispy chickpeas. chipotle aioli 19

WHOLE GRAIN BOWL **P** celeriac cream. roasted mushrooms. sweet potato. butternut squash 21

GRASS-FED MOTHER TONGUE BURGER * **M** jarlsberg cheese. caramelized onions. secret sauce 25

GRILLED JIDORI CHICKEN **K** strauss organic yogurt. fennel. almond 29

WILD SALMON BOWL **I** fried rice. ginger. miso. organic egg 34

PACIFICO STRIPED BASS * **M** "MOQUECA BAIANA" peruvian bay scallop. coconut broth. jiquitaia pepper 43

STEAK FRITES **M** hanger steak. yucca fries. chimichurri. turmeric hollandaise 35

cold-press juices 12

SANTA BARBARA apple. pineapple. orange. lemon. strawberry. mint

MAVERICKS cucumber. kale. celery. spinach. lime. ginger. lemon

BIG SUR apple. cucumber. kale. celery. spinach. lemon. ginger

smoothies 10

MEET YOUR MATCHA organic pineapple. matcha. organic green apple. organic mango. organic spinach. spirulina

ROAR açai. organic strawberry. organic banana. almond butter

WARRIOR 2 organic mango. organic banana. organic pineapple. toasted coconut. turmeric

READY TO RUMBLE organic banana. peanut butter. cold brew coffee. cocoa powder

THE CURE organic blueberry. ginger. organic avocado. mint. organic banana. organic spinach. activated charcoal

HERO organic banana. granola. organic strawberry

The menu prominently features functional ingredients designed to support your wellness intentions
K KETO-FRIENDLY / LOW GLYCEMIC | **P** PLANT-BASED | **M** MIND / COGNITION | **I** ANTI-INFLAMMATION

A gratuity of 20% is included for parties of six or more.

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.